

VISIT OUR 1st FLOOR KIOSK FOR GRAB-N-GO ITEMS!




NUTRITION CARE DIVISION
GENERAL LEONARD WOOD ARMY COMMUNITY HOSPITAL
OUR DAILY SPECIALTIES

WEEK 2



10/25/2015 0:00

CHERYL D. CLARKE
SFC, USA
NCOIC, Nutrition Care Division

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	25-Oct-2015	26-Oct-2015	27-Oct-2015	28-Oct-2015	29-Oct-2015	30-Oct-2015	31-Oct-2015
GREAT BEGINNINGS BREAKFAST MENU	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)	Biscuit Rolls Oatmeal/Grits (V)	Breakfast Burrito Oatmeal/Grits (V)	Breakfast Sandwich Oatmeal/Grits (V)	Breakfast Burrito Oatmeal/Grits (V)	Breakfast Sandwich Oatmeal/Grits (V)	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)
MON - FRI 0600-0900 WKND & HOLIDAYS 0700-1000	French Toast (V) Hash Brown Patties	Pancakes (V) O'Brien Potatoes	Waffles (V) Hash Brown Patties	French Toast (V) O'Brien Potatoes	Pancakes (V) Hash Brown Casserole	Waffles (V) Shredded Hash Browns	French Toast (V) Hash Brown Patties
FEATURING: OMELETS MADE TO ORDER MADE FRESH DAILY	Eggs/Omelets to Order Bacon/Sausage Sausage Gravy/Biscuits	Bacon/Sausage Turkey Links Sausage Gravy/Biscuits	Bacon/Sausage Grilled Porkchop Sausage Gravy/Biscuits	Bacon/Sausage Corned Beef Hash Sausage Gravy/Biscuits	Bacon/Sausage Turkey Links Sausage Gravy/Biscuits	Bacon/Sausage Chicken Fried Steak Sausage Gravy/Biscuits	Eggs/Omelets to Order Bacon/Sausage Sausage Gravy/Biscuits
PANINI OF THE DAY	Soup of the Day	Philly Cheesesteak	Chili	Reuben Panini	chili	Catfish Po Boy	Soup of the Day
SOUPS	Baked Ham	Chili	GLWACH Tortilla Soup	Chili	Egg Drop Soup	Chili	Blackened Tilapia
MID-DAY FARE LUNCH MENU	Scalloped potatoes Macaroni and Cheese	Italian Wedding Soup Meat Lasagna	Beef/ Chicken /Fish Tacos Pollo con Cilantro	French Onion Soup Pepper Steak	Port Tenderlion w/ peanut sauce Cashew Chicken	Tomato Basil Soup Meatloaf	Country Fried Pork Steak w/ Pepper Gravy
MON - FRI 1100-1400 WKND & HOLIDAYS 1000-1400	Grilled Zucchini (V) Home-style Dinner Rolls	Vegetable Lasagna (V) Tuscan Herbed Fish	Pork PERNIL Mexican Rice	Lemon Pepper Catfish WING WEDNESDAY	Vegetable Lo Mein Jasmine Rice	Blackened Catfish Fried Catfish	Mashed Potatoes Mixed Vegetables (V)
FEATURING: FRESH GRILLED ITEMS WRAPS & DELI SANDWICHES	Dessert of the Day	Breaded Veal Parmesan Breaded Mushrooms (V)	Ranchero Beans (V) Sonoma Vegetables	Mashed Potatoes (V) Wild Rice (V)	Fried Rice Asian Fried Cabbage (V)	Smoked BBQ Beef Brisket Mash Potato	Home-style Dinner Rolls Dessert of the Day
Try our Vegetarian (V) Options!		Normandy Vegetables (V) Grilled Brussel Sprouts (V)	Mexican Corn (V) Taquitos	Grilled Zucchini Garlic Green Beans (V)	Key Biscayne Vegetables (V) Vegetable Egg Rolls (V)	Hash Brown Casserole (V) Winter Blend Vegetables (V)	
		Garlic Bread French Silk Pie/Parfait BAKED POT/SWT POT BAR	German Chocolate Cake/Parfait BURRITO BOWL BAR	Homestyle Dinner Roll Carrot Cake /Parfait BAKED POT/SWT POT BAR	Apple Pie/ Parfait	Cheddar Baked Biscuits SUNDAE BAR	
DINNER DISHES EVENING MENU	WEEKEND MENU	Hot Specialty Soup & Chili Sausage & Peppers	Hot Specialty Soup & Chili Swiss Steak w/ Onions	Hot Specialty Soup & Chili Savory Baked Chicken	Hot Specialty Soup & Chili Potato Crusted Tilapia	Hot Specialty Soup & Chili Oven Baked Porkchops	WEEKEND MENU
MON - FRI 1600-1800 WKND & HOLIDAYS 1530-1730		Oven Roasted Potatoes (V) Stewed Tomatoes w/ Zucchini (V)	Mashed Potatoes (V) Sonoma Vegetables	Au Gratin Potatoes (V) Garlic Green Vegetables (V)	Couscous (V) Normandy Vegetables (V)	Garden Rice Fire Roasted Apples	
FEATURING: FRESH GRILLED ITEMS SALADS & DELI SANDWICHES		Normandy Vegetables (V) Garlic Bread	Broccoli Spears (V) Wheat Dinner Roll	Bermuda Vegetables (V) Homestyle Dinner Roll	Glazed Carrots (V) Wheat Dinner Roll	Grilled Brussel Sprouts (V) Baking Powder Biscuits	
	Mixed Vegetables (V) Dessert of the Day	French Silk Pie	German Chocolate Cake	Carrot Cake	Apple Pie		Mixed Vegetables (V) Dessert of the Day